

Troop 419

First Class - First Year

Troop Meetings

A P R	1st Troop Meeting - Fitness 1	
	TF10a	Record your best in the following tests:
M A Y	2nd Troop Meeting -BSA Knowledge	
	TF07	Repeat from memory and explain in your own words the Scout Oath, Law, Motto and slogan.
	TF08	Know your patrol name, give the patrol yell and describe your patrol flag.
	TF09	Explain why we use the buddy system in Scouting.
	3rd Troop Meeting - Fitness 2	
	TF10b	Show improvement in the activities listed in requirement TF10a after practicing for 30 days.
	4th Troop Meeting - Flags	
	TF06	Demonstrate how to display, raise, lower and fold the American flag.
2C3	Participate in a flag ceremony for your school, religious institurion, charter organization, community or troop activity.	
J U N	5th Troop Meeting - Water Safety	
	2C7a	Tell what precautions must be taken for a safe swim.
	1C9a	Tell what precautions must be taken for a safe trip afloat.
J U L	6th Troop Meeting - Hiking 1	
	TF05	Explain the rules of hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
A U G	7th Troop Meeting - Knots and Lashings 1	
	TF04a	Demonstrate how to whip and fuse the ends of a rope.
	TF04b	Demonstrate that you know how to tie the following knowts and tel what their uses are: two half hitches and the taut-line hitch.
	1C8a	Demonstrate tying the bowline knot and descrive seveal ways it can be used.
	8th Troop Meeting - Knots and Lashings 2	
	1C7a	Discuss when you should and should not use lashings.
1C7b	Demonstrate tying the timber hitch and clove hitch and their use in square, shear and diagonal lashings by joining two or more poles or staves together.	
S E P	9th Troop Meeting - First Aid & Emergencies 1	
	TF12a	Demonstrate the Heimlich maneuver and tell when it is used.
	TF12b	Show first aid for the following: Simple cuts and scratches, blisters on the hand and foot, minor burns or scalds (first degree), bites or stings of insects and ticks, poisonous snakebite, nosebleed, frostbite and sunburn.
	SEPTEMBER - TENDERFOOT TROOP MEETINGS COMPLETE	
	10th Troop Meeting - First Aid & Emergencies 2	
	2C6a	Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
2C6c	Demonstrate first aid for the following: Object in the eye, bite of a suspected rabid animal, punture wound from a splinter, nail and fishhook, serious burns (second degree), heat exhaustion, shock,	

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		heatstroke, dehydration, hypothermia and hyperventilation.
O C T	11th Troop Meeting - First Aid & Emergencies 3	
	1C8d	Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).
	12th Troop Meeting - First Aid & Emergencies 4	
	1C8b	Demonstrate bandagers for a sprained ankle and for injuries on the head, the upper arm and the collarbone.
	1C8c	Show how to transport by yourself, and with one other person, a person from a smoke filled room with a sprained ankle for at least 25 yards.
N O V	13th Troop Meeting - Hiking 2	
	2C1a	Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
	1C2	Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (trees, tower, canyon, ditch, etc.).
D E C	14th Troop Meeting - Drug Abuse	
	2C8	Participate in a school, community or troop program on the dangers of using drugs, alcohol and tobacco and the other practices that could be harmful to your health. Discuss our participation in the program with your family.
J A N	15th Troop Meeting - Cooking 1	
	2C2e	Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.
	JANUARY - SECOND CLASS MEETINGS COMPLETE	
F E B	16th Troop Meeting - Cooking 2	
	1C4a	Help plan a patrol menu for one campout - including one breakfast, lunch and dinner that requires cooking. Tell how the menu includes the four basic food groups and meets nutritional needs.
	1C4c	Tell which pans, utensils and other gear will be needed to cook and serve these meals.
M A R	17th Troop Meeting - Cooking 3	
	1C4d	Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers and other rubbish.
	MARCH - FIRST CLASS TROOP MEETINGS COMPLETE	

ON YOUR OWN

TARGET NUMBER		
	1C5	Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your Constitutional rights and obligations as a U.S. citizen.
	1C4b	Using the menu planned in requirement 1C4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
	2C6b	Prepare a personal first aid kit to take with you on a hike.

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Camping/Outdoors

TARGET APRIL CMPREE	1st Campout	
	TF01	Present yourself to your leader, properly dressed before going on an overnight trip. Show the camping gear you will use. Show the right way to pack and carry it.
	TF02	Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
	TF03	On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup and explain the importance of eating together.
TARGET MAY CAMPING	2nd Campout	
	TF11	Identify local poisonous plants; tell how to treat for exposure to them.
	1C6	Identify or show evidence of at least ten kinds of native plants found in your community.
	2C2c	On one campout, demonstrate proper care, sharpening and use of the knife, saw and ax, and describe when they should be used.
	2C5	Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.
	2C2f	Demonstrate how to light a fire and a lightweight stove.
	2C2d	Use the tools listed in requirement 2C2c to prepare tinder, kindling and fuel for a cooking fire.
	2C2g	On one campout, plan and cook over an open fire, one hot breakfast or lunch for yourself, selecting foods from the four basic food groups. Explain the importance of good nutrition. Tell how to transport, store and prepare the foods you selected.
MAY - TENDERFOOT CAMPING COMPLETE		
TARGET JUNE KAYAK	3rd Campout	
	2C7b	Demonstrate your ability to jump feet first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
	2C7c	Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.
	1C9b	Successfully complete the BSA swimmer test.
	1C9d	With a helper and a practice victim, show a line rescue both as tender and as rescuer. The practice victim should be approximately 30 feet from shore in deep water.
TARGET SERVICE PROJECT	4th Campout	
	2C2a	Since joining, have participated in five separate troop/patrol activities (other than troop/patrol meetings), two of which included camping overnight.
	2C4	Participate in an approved (minimum of one hour) service project.
TARGET NOV. AT HIKE	5th Campout	
	2C1b	Using a compass and a map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent.
	NOVEMBER - SECOND CLASS CAMPING COMPLETE	
TARGET MARCH CAMPING	6th Campout	
	1C4e	On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch and dinner planned in requirement 1C4a. Lead your patrol in saying grace at the meals and supervise cleanup.
	1C1	Demonstrate how to find directions during the day and at night without using a
	1C3	Since joining, have participated in ten separate troop/patrol activities (other

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		100	(than troop/patrol meetings), three of which included camping overnight
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